

Ask Yourself

A Service of [IVF Phoenix](#)

You have undoubtedly reached the point where you either know or suspect that you have a problem with infertility. The questions listed below are designed to help us decide if you will need additional consultation or testing. Even if you are certain that you have an infertility problem, answering the following questions will help determine which of the following treatment options will provide you with the most benefit.

If you answer "yes" to at least a few of these questions, you may want to make an appointment to come in to see us or you may want to set up a telephone consultation to discuss your particular situation. If you do not know the answers for any of these questions, please leave them blank. The answers you give will help us determine which treatment option may help you become successful in achieving pregnancy.

1. Have you been actively trying to achieve pregnancy for over 1 year? Yes No
2. Do you have blocked fallopian tubes or abnormal uterine cavity? Yes No
3. Do you have a history of Salpingitis Isthmica Nodosa (disease of the fallopian tubes)? Yes No
4. Do you have a history of past pregnancy losses (miscarriage, etc.)? Yes No
5. Does your partner have a low sperm count or motility? Yes No
6. Do you have severe cramping or heavy bleeding with your menstrual periods? Yes No
7. Do you experience cold fingers or toes? Yes No
8. Do you have dry eyes or mouth? Yes No
9. Do you get migraine headaches? Yes No
10. Do you have chronic, vague joint aches? Yes No
11. Do you feel you have been pregnant but then your period came? Yes No
12. Do you have a history of pelvic adhesions or infection or endometriosis? Yes No
13. Do you have a history of asthma or excessive allergies? Yes No
14. Do you have a history of eating disorder (anorexia/bulimia)? Yes No
15. Do you have a history or family history of:
autoimmune disease such as lupus, scleroderma, fibromyalgia? Yes No
rheumatoid arthritis? Yes No
blood clots? Yes No
stroke? Yes No
heart attack? Yes No
recurrent miscarriage? Yes No
preeclampsia (high blood pressure with pregnancy)? Yes No
gout? Yes No
bruising easily? Yes No
unusually long time to stop bleeding after an injury/cut? Yes No